



Relieving pain, restoring function, renewing hope



OBJECTI ES

*1. These vanish stage fear

Stage fear is a common problem faced by many students and even adults. However, schools can reduce this stage fear of students by encouraging them to participate in cultural activities. Getting rid-off stage fear is the first step toward gaining confidence.

2. Better academic performance

The students who are involved in extra-curricular activities score higher in academics because of their increased self-esteem and high creativity level. Extra-curricular activities refresh the mind of students and allow them to study with more concentration. Students gain more knowledge about different fields and the statusquo through such activities.

3Good understanding of time management

A student involved in co-curricular activities learns the art to balance academic as well as extracurricular activities simultaneously. They learn to manage their time in order to give appropriate time to both things. They pre-plan their schedule and this habit benefits them throughout their life.

4. Learn new skills

Students acquire new skills through such activities that are useful for their life. The students who are involved in extra-curricular activities learn social skills, critical thinking skills, teamwork and many other skills. They develop have better leadership skills and peer understanding.

5. Sense of responsibility

When a student is given a task to accomplish, it develops a sense of responsibility in them. A student participating in extra-curricular activities has the responsibility to carry it successfully. This makes the students more responsible for the work assigned to them.

6. Increase self-confidence

When students get successful in cultural activities, it gives a boost to their self-esteem. This self-esteem helps them to face the outer world more confidently. Furthermore, they face their academic challenges in a much better way.

CORE OBJECTIVE

"Ensuring that students have opportunities to participate in cultural activities to exploring their talents and abilities in the visual and performing arts".

